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ASHENFELTER 8K CLASSIC
52 Ridgewood Avenue
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PRESENTING SPONSOR

ASHENFELTER 8K CLASSIC & TOM FLEMING 1M • THANKSGIVING DAY • GLEN RIDGE, NJ

A&K CLASSIC

ASHENFELTER 8K CLASSIC



THE TOM FLEMING ONE MILE RUN



BENEFITING
THE GLEN RIDGE EDUCATIONAL FOUNDATION

THANKSGIVING DAY 2017 - GLEN RIDGE, NEW JERSEY

USATF-NJ 8K
Championship, All Divisions



RAIN OR SHINE

JOIN US AS WE HONOR OLYMPIAN AND LOCAL HERO HORACE ASHENFELTER, WHO WON THE STEEPLECHASE EVENT AT THE 1952 OLYMPIC GAMES IN HELSINKI, FINLAND.

A8K CLASSIC & TOM FLEMING MILE

DISTANCES: 8K (4.97 miles) plus
1 Mile "Tom Fleming 1M"

COURSE: The 8K Course is a USATF Certified "relatively flat" road course with two water stops through historic Glen Ridge. The 1 mile is an out & back course.

ONLINE: <http://www.gmap-pedometer.com/?r=389706>
www.viewtherace.com/new-jersey/ashenfelter-8k-classic

WHEN: Thanksgiving Day, 2017

START & FINISH: At **Glen Ridge High School**,
NAVIGATION ADD: 200 Ridgewood Avenue, Glen Ridge, NJ

TIME: Tom Fleming 1M begins at 8:15 A.M. sharp.
A8K Race begins at 9:00 A.M. sharp.

REGISTRATION ENTRY FEES: • **A8K Pre-Registration:** \$30.00, or
\$26.00 for USATF-NJ members
(must be postmarked by 11/16/2017)
A8K Race Day Registration: \$35.00

• **Tom Fleming 1 Mile Run:** \$22.00
Make checks payable to:
GREF and mail along
with the signed registration form to:
A8K Classic
52 Ridgewood Avenue
Glen Ridge, N.J. 07028-1015

EARLY RACE REGISTRATION DISCOUNT: From Saturday, November 18th
through Sunday, November 19th,
you can register at Fleet Feet Sports,
603 Bloomfield Ave, Montclair, NJ
(973) 509-9707 and receive a 10%
discount on all purchases!

LAST-MINUTE REGISTRATION & RACE PACKET PICK-UP: Race Day Registration and Pre-
Registered Race Packet Pick-up will
be at the **Glen Ridge High School**,
200 Ridgewood Avenue, on
Wednesday, Nov. 22nd from 5-8 P.M.
and Race Day beginning at 7:00 A.M.

ONLINE REGISTRATION: Run Sign Up online link:
<http://register.compuscore.com/ashenfelter8kclassic/>
View The Race online link:
<https://viewtherace.com/register/?ee=51>

QUESTIONS: Contact Dan Murphy at (973)809-9311
or E-mail: dan@dtmurphy.com.

WEBSITE: www.ashenfelterclassic.com

AWARDS

- Trophy to the overall M/F winners of the A8K Classic & The Tom Fleming Mile.
- A8K: Commemorative Embroidered Apparel will be awarded to the top 3 finishers (male & female) in each of the following divisions: first overall, 9 and under, 10-12, 13-15, 16-19, 20-29, 30-39, etc. Then 5 year increments through all master's divisions.
- Tom Fleming 1 Mile: Finisher medals to the participants of the Tom Fleming Mile.
- Ceramic Cups to the first 100 male & first 100 female finishers in the A8K.
- Prize Money - 2017 USATF-NJ Members Only. Top Three Overall & Top Three Age Graded Masters, M & F, 150 - 100 - 50

AMENITIES

- Post Race Refreshments.
- Long sleeve "tech tops" to the first 3000 registered runners on a first-come, first serve basis.
- Scoring by Compuscore. Race results will be available on the Internet at www.compuscore.com.

ADDRESS FOR GPS

200 Ridgewood Avenue, Glen Ridge, NJ

SECURITY

- The GRPD along with the Essex Co. Sheriff's dept. has been proactive in keeping the event safe for participants and spectators since its inception. This includes rooftop surveillance, bomb-sniffing dogs and undercover police.
- A secure baggage area will be available outside the gym - no bags will be allowed inside.

BENEFITS

Proceeds from the A8K and the Tom Fleming 1M fund the Glen Ridge Educational Foundation, a not-for-profit organization providing supplemental funding to the Glen Ridge School system.

RAIN OR SHINE

IRS 501(c)3 #22-3258018

OFFICIAL ENTRY FORM

Both races are open to runners of every ability: racers, runners, slow joggers, and even fast walkers.

Check Event: A8K Tom Fleming 1 Mile

Name: First _____ Last _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____

E-Mail: _____ @ _____

Age: (as of 11/23/17) _____ **Sex:** (M/F) _____

Date of Birth: _____

FEES

A8K Fee: Pre \$30.00 _____ Day of \$35.00 _____
(Must be postmarked by 11/16/17)

USATF-NJ Members A8K Pre-Reg. Only
Pre \$26.00 _____ USATF-NJ# _____

Tom Fleming 1M: Pre \$22 _____ Day of \$27 _____
(Must be postmarked by 11/16/17)

Family Discount: 10% off (3 or more) _____
(SHIRT SIZING IS ON A 1ST COME, 1ST SERVED BASIS ONLY.)

CHECKS PAYABLE TO: **GREF**

Mail w/completed entry form to: **A8K Classic**
52 Ridgewood Avenue
Glen Ridge, N.J. 07028-1015

Waiver ~ Waiver ~ Waiver

In consideration of the acceptance of my entry, I myself, my representatives and assigns do hereby release and discharge Glen Ridge Educational Foundation, Dan Murphy, USATF-NJ, the Borough of Glen Ridge, or Glen Ridge Recreation and their employees and officials, all sponsors and volunteers (hereinafter Releases) for any claim arising or growing out of my participation in this athletic event. I attest and verify that I have full knowledge of the risks involved, and I am physically fit and sufficiently trained to participate in this event. I am at least 18 years of age or have had this release signed by my parent/guardian if I have not yet reached the age of 18.

Participant Signature or Parent/Guardian if under age 18

Date: ____ / ____ / 2017

Official Use Only: _____

ONE FORM PER ENTRANT PLEASE.